



# SAMPLE MENU

MONDAY

**Morning  
Snack**

Cucumber  
Sticks &  
Tzatziki

**Lunch**

Meatballs with Chickpea  
Couscous & Fine Green  
Beans / Rhubarb  
Frumble

**Afternoon  
Snack**

Oatmeal,  
Cinnamon  
& Nutmeg  
Cookie served  
with Tiger Milk

**Tea**

Fluffy Eggs on  
Wholemeal Toast baked  
with Grated Cheddar /  
Sugar Free Jelly

TUESDAY

**Morning  
Snack**

Breadsticks  
& Cream  
Cheese

**Lunch**

Chicken Korma with  
Basmati Rice, Naan  
Bread & Mango  
Chutney / Fresh Fruit  
Kebabs

**Afternoon  
Snack**

Kiwi Fruit &  
Mango Slices

**Tea**

Halloumi Wrap with  
Grated Carrot & Lettuce  
/ Bananas & Custard

WEDNESDAY

**Morning  
Snack**

Edam  
Cheese  
Cubes &  
Apple Slices

**Lunch**

Macaroni & Cauliflower  
Cheese with Ham  
Lardons & Sweetcorn /  
Orange Mousse

**Afternoon  
Snack**

Greek Yoghurt  
& Mixed Berries

**Tea**

Homemade Scotch  
Egg with Tomato Sauce  
& Cucumber Sticks /  
Crushed Blackberry  
Sponge Cake

THURSDAY

**Morning  
Snack**

Crudites &  
Houmous

**Lunch**

Beef Goulash loaded  
with Seasonal  
Vegetables / Cinnamon  
Rice Pudding

**Afternoon  
Snack**

Zucchini &  
Sweet Potato  
Chips with  
Garlic Dip

**Tea**

Tuna Cakes with Minted  
Pea Dip & Celery Sticks  
/ Fresh Fruit Kebabs  
Cake

FRIDAY

**Morning  
Snack**

Rice Cakes,  
Cheese  
Spread &  
Marmite

**Lunch**

Salmon & Cod  
Fisherman's Pie served  
with Garden Peas /  
Pineapple Upside Down  
Cake & Custard

**Afternoon  
Snack**

Scotch  
Pancakes,  
Sliced Bananas  
& Honey

**Tea**

Corn, Courgetti & Feta  
Fritter with Cheese Dip  
& Carrot Batons / Apple  
Snow



A choice of cereal, toast & fresh fruit are served each morning for Breakfast.

All of our dishes are freshly made daily by our Nursery Chef. Locally sourced ingredients, fresh herbs and natural sugars are used, with no additional seasoning.

We cater alternative options to take into account dietary restrictions and requirements.

Meals are served with a choice of milk or water, with our children having access to drinking water throughout the day.

